

ASHTI TALUKA SHIKSHAN PRASARAK MANDAL'S
Adv. B. D. Hambarde Mahavidyalaya, Ashti
Tq. Ashti Dist. Beed (M.S) -414203



**Department Physical Education
and
Sports**

PROFILE

A: IMPORTANCE OF PHYSICAL EDUCATION AND SPORTS

Optimum development - Physical education considers the child as a united whole of mental, social, moral, and physical qualities and provides for the optimum development of all these through the physical activities. Every body likes sports. Physical Education is a vital part of education. Physical Education always attracts mass to perform activities at various levels. Physical Education is accepted world wide in education curriculum starting from playgroup to P.G. Physical Education is one of the optional subjects in social science faculty. Physical Education helps to maintain physical fitness and mental health of individuals

1. **Physical growth and development** - Physical activity must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.
2. **Intellectual development**- Physical activities must be learned; hence there is a need for thinking on the part of the intellectual mechanism, with a resulting acquisition of knowledge. Physical activities are essential for the development of a child's scientific insight, intelligence and superior type of reflective thinking.
3. **Emotional development** – Physical education provides opportunities to control emotions. The give and take of games

and sports offer scope for both emotional release and the controlling of the emotions.

4. **Social adjustment** - Physical activities provide opportunity of interaction between participants and others in varied situations enabling them to learn social qualities like sportsmanship, cooperation, honesty, friendship, fellowship, courtesy, self discipline, and respect for authority which promote social adjustment of an individual.
5. **Personal adjustment** - Physical education gives a full and worth- while experience to the individual who help him to realize fullest self- expression and highest satisfaction from the results of his action, and thereby facilitates his personal adjustment in life.
6. **Character development** – Group effort, loyalty to the team and strong ties is much in evidence in play and physical activities. They provide a valuable contribution to the development of good moral character.
7. **Physical fitness** – Physical education through exercise and knowledge about one’s body and its requirements contribute immensely to physical fitness. Regular exercise improves our physical efficiently, sense of well-being and appearance.

The professional societies working all over the world –Nill

B: SCOPE OF PHYSICAL EDUCATION AND SPORTS

The areas of specialization in Physical Education like, Sports Training, Sports Psychology, Sports Management, Sports Marketing, Sports Event Management, , Sports Writing, Sports Journalism, Sports Goods production. Sports Anthropometry, Sports Biomechanics, Sports Low,

Sports And Nutrition, Sports Physiotherapy, Sports Masseurs, Sports Publishing, Health and Physical fitness, Yoga education, Physiology and Exercise, Sport doping, Sports Administration, Sports engineering etc.

Mental development - The learning of skills, game, rules, techniques and strategies, and judgment making equip an individual to interpret new situations effectively. Physical education programme also make an individual aware regarding the importance of sanitation, health and hygienic, prevention of disease, balance diet and health habits hereby improving his mental development.

c: INTRODUCTION OF DEPARTMENT:

Arts, commerce & Science College established in **1972**. The Sports department was also started in same time and started catering Physical Education and sports facility to all college students. Junior college wing was started in 1974-75.

We have indoor facility for Table Tennis, Judo, Boxing, Badminton & a Multi gym. All necessary Sports related equipments are available. We have a Ground like Handball, Football, Volleyball, Kabaddi, Kho-Kho and also we have 400 mtr Running Jogging track, and ample area to conduct Athletics events. We are specialized in Handball Sports. We always give proper Training and coaching various games according to the Competitions and maintain Standard safety measures required for specific sport or event.

Main Aim of Department not only to participate & win a competition but also develop overall personality, a good citizenship and fitness. We encourage the students to take part in Sports activities and competitions. We have schedule for practice in various games and all sports equipment given by sports department. We always maintain the Sports Issue Register, Stock register, Inward outward, Student enrollment data register, and attendance of players. During the Competition College

provides equipment and Sports Kits (T-shirts& shorts). Many times the boys & girls is ready to play but opposed from the family, at such condition we personally meet the parents & have a talk with them , explain them that college is going to take the responsibility & personal care of every participants . College provides full security to them in all conditions. College offer special platform to selected students and give them an opportunity to participate in all the tournaments organized by different Institution and different places. For that purpose college authority makes Sports committee to look sports affairs and smooth conduct of sports. In such cases college bear all the related expenses (food, Accommodation, traveling etc.)

From our college those students who have achieved positions, prizes & medals in competitions, department publishes the News in News Papers by felicitated by college. That effect gives maximum students to take part in SPORTS.

Every year College meritorious sportsmen are given Mementos, Blazer, and certificates on Annual social Gathering function, by the hands of special guest.

DEPARTMENTAL OBJETIVE

1. To develop elements of leading a healthy lifestyle.
2. To maintain their Fitness, Develop their Muscular strength, increase their Stamina and thus Stretch their Physical Abilities.
3. Of maintaining a healthy Body, which in turn keeps them Happy & Energized.
4. To Promotes the SOUND Physical Fitness.

D: ESTABLISHMENT OF THE DEPARTMENT: 1972-73**a) Former Heads :**

Sr. No.	Name of the Heads	Tenure
1	Prof.V.P.Nimbalkar	1975-2004
2	Prof. S.M.Dahifale	2004-2010

◆ HONOURS / AWARDS / PRIZES RECEIVED: NIL**b) Teachers List :**

Sr. No.	Name of the Teacher	Designation	Tenure
1	Dr.S.A.Wangujare	Physical Instructor	17/05/2010 till working
2	Prof. N.D.Pawar	Lecturer (Jr.College)	01/08/1985 till working
3	Dr. R.B. Dobale	Lecturer Physical Education C.H.B.	01/07/2016
4	Prof. A.N. Jagdale	Lecturer Physical Education C.H.B.	01/08/2018 to till date

E: ACHIEVEMENT OF DEPARTMENT:-

It is one of the biggest departments in the college so plays leadership role in many activities like organizing the Inter collegiate tournaments, Annual Social Gathering Sports,

Celebration days of national importance, like National Sports day, Youth day, Teachers day and many other sporting events, summer coaching camps, Sports coaching camps for college students. Students take parts in almost every game notified by University and Sports directorate every year, and get selected at District, Division, State, national and All India Basis.

The Strong area of sports events of our college are,

1. Handball
2. Kabaddi
3. Wrestling
4. Athletics
5. Cricket

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Meritorious Sportsperson of college

Following are the details of the outstanding performances of the college students at Inter-college, and Inter-University tournaments from **2010-2021** onwards.

**PLAYERS PARTICIPATED IN INTER UNIVERSITY
TOURNAMENTS 2019-
2020**

Sr.no	Name of the Student	Class	Participation and Event	Venue	Level
1.	Hambarde Tushar Laxman	B.sc III	Athletics (M/W)	Rajiv Gandhi University Bangalore (Karnataka)	IUT
2.	Kahndve Akanksha Somnath	B.sc III	Athletics (M/W)	Rajiv Gandhi University Banglore (Karnatka)	IUT
3.	Diwate Sohel Ramesh	B.A. II	Handball (Men)	I.N.I.P. university Gwaliour (M P)	IUT
4.	Lohar Akshay Dilip	B.com II	Handball (Men)	I.N.I.P. university Gwaliour (M P)	IUT
5.	Murkute Avinash Anil	B.voc I	Handball (Men)	I.N.I.P. university Gwaliour (M P)	IUT
6.	Nikalje Sanket Ashok	B.C.A III	Handball (Men)	I.N.I.P. university Gwaliour (M P)	IUT
7.	Gavane Akash bhausaheb	B.AIII	Kabaddi (Men)	Kota University kota (Rajasthan)	IUT
8.	Satpute Sachin Namdev	B.sc I	Kabaddi (Men)	Kota University kota (Rajasthan)	IUT
9.	Poman Ashwini Babu	B.AIII	Kabaddi (Women)	Sant. Gadgebaba University Amravati (Maharashtra)	IUT
10.	Walhekar Bharti Namdev	B.AIII	Kabaddi (Women)	Sant. Gadgebaba University Amravati (Maharashtra)	IUT
11.	Sakunde Sushila Shivaji	B.AIII	Kabaddi (Women)	Sant. Gadgebaba University Amravati (Maharashtra)	IUT
12.	Kulwade Pallavi dattatray	B.sc III	Handball (Women)	I.N.I.P. university Gwaliour (M P)	IUT
13.	Pawar Sanjay Yuvraj	B.com I	Power Lifting	Mumbai university (Maharashtra)	IUT
14.	Kokate Suraj Rajkumar	B.A.I	Wrestling (M/W)	Jambeshwar University Hissar (Hariyana)	IUT
15.	Kakade Saurabh Sopan	B.A.I	Wrestling (M/W)	Jambeshwar University Hissar (Hariyana)	IUT
16.	Kakade Saurabh Sopan	B.A.I	Wrestling (M/W)	Natinaion stadium Bhuvaneshwar, odisa	KHELO INDIA

**PLAYERS PARTICIPATED IN INTER UNIVERSITY TOURNAMENTS:-
2018-2019**

Sr.no	Name of the Student	Class	Participation and Event	Venue	Level
1.	Sapte Rani Balasaheb	M.A.I	Cricket (Women)	R.T.M. University Nagpur (Maharashtra)	IUT
2.	Poman Ashwini Bapu	B.A. II	Kabaddi (Women)	S.R.T.M University Nanded (Maharashtra)	IUT
3.	Wahlekar Bharti Namdev	B.A. II	Kabaddi (Women)	S.R.T.M University Nanded (Maharashtra)	IUT
4.	Shaikh Muskan janhagir	B.com. III	Handball (Women)	Savitribaifule University Pune (Maharashtra)	IUT
5.	Khandve Akanksha Somnath	B.sc II	Handball (Women)	Savitribaifule University Pune (Maharashtra)	IUT
6.	Nikalje Sanket Ashok	B.C.A II	Handball (Women)	Sholapur University Solapur (Maharashtra)	IUT
7.	Khan Taushif Mehemood	M.A.I	Handball (Men)	Sholapur University Solapur (Maharashtra)	IUT
8.	Lohar Akshay Dilip	B.com. I	Handball (Men)	Sholapur University Solapur (Maharashtra)	IUT
9.	Diwate Sohel Ramesh	B.A. I	Handball (Men)	Sholapur University Solapur (Maharashtra)	IUT
10	Salve Akshay Machindra	B.sc III	Handball (Men)	Sholapur University Solapur (Maharashtra)	IUT
11	Hulge Onkar Balasaheb	B.A. I	Wrestling (M/W)	Chaudhary Bansilal University Bhivani (Haryana)	IUT
12	Ghavane Akash Balasaheb	B.A. I	Kabaddi (Men)	Shivaji University Kolhapur (Maharashtra)	IUT
13	Ghavane Akash Balasaheb	B.A. I	Kabaddi (Men)	K.I.I.T. Bhuvaneshwar (odisa)	ALL INDIA IUT

PLAYERS PARTICIPATED IN INTER UNIVERSITY TOURNAMENTS 2017-2018

Sr.no	Name of the Student	Class	Participation and Event	Venue	Level
1	Chakre Shaurya Uttam	B.com. III	Cricket (Men)	Barktuklla University Bhopal (M.P.)	IUT
2	Shaikh muskan janhgir	B.com. II	Handball (Women)	Jaypur university jaypur	IUT

PLAYERS PARTICIPATED IN INTER UNIVERSITY TOURNAMENTS 2016-2017

Sr. no	Name of the Student	Class	Participation and Event	Venue	Level
1	Chakre Shaurya Uttam	B.COM II	Cricket (Men)	H.S,Gaur.University Sagar (M.P.)	IUT
2	Shaikh muskan janhgir	B.COM I	Handball (Women)	Jaipur university jaipur (RAJASTHAN)	IUT
3	Nikalaje Sagar Jalindar	M. A I	Handball (Men)	J.R.N. Rajasthan Vidyapeeth Udaipur (RAJASTHAN)	IUT
4	Shaikh Shsker Aslam	B.A.I	Handball (Men)	J.R.N. Rajasthan Vidyapeeth Udaipur (RAJASTHAN)	IUT

F: FACULTIES AVAILABLE:

Sr. No	Name of the Teacher	Qualification	Designation
1	Dr.S.A.Wangujare	M.Ped.Ph.D.	Physical Instructor
2	Prof. N.D.Pawar	M.Com.M.Ped	Lecturer phy.Edu (Jr College)

G: FUTURE PLAN:

- 1) Our College Submitted the proposal to the UGC through B.C.U.D. of Dr. Babasaheb Ambedkar Marathwada University, Aurangabad is Master Plan to build on indoor stadium facilities.
- 2) Department Plan to Prepare cement court for Basketball -2022-2023.
- 3) To organization state level seminar in sports -2022-2023.
- 4) Department Plan to organize coaching camps -2023-2024.
- 5) To conduct Krida Mahostav inter-collegiate Kabaddi Men Tournament -2024- 2025.
- 6) Department Plan to Prepare Laune Tennis Court -2025-2026.

H: BEST PRACTICES:

1. Free coaching and Support for equipments to needy students.
2. Provides Gymnasium facility to students for exercise at morning & evening session.
3. Provides required kits to the participating student in various event at inter collegiate tournaments
4. provides track suits to the inter university players
5. First Aid Box available in the department.

I : Photograph



Tokio Olympic-2020 athletics player Mr. Avinash Sabale visits Adv.B.D.Hambarde college Ashti



Adv. B.D. Hambarde Mahavidyalaya Wrestling player Mr. Suraj Kokate won Bronze All India Inter University Wrestling National Championship-2019-20 held at Jambheshwar University Hissar (Haryana)



Vice-Chancellor (Dr.B.A.M.U.) Dr. Pramod Yevale Adv. B.D. Hambarde Mahavidyalay Athletics Player Akansha Khandve won silver medal in krida mahostav Inter University Tournaments-2018 heald at Mumbai University Mumbai



Vice-Chancellor (Dr.B.A.M.U.) Dr. Pramod Yevale Adv. B.D. Hambarde Mahavidyalay kabaddi Player Akash Ghavane won bronze Medal in All India Inter University Tournaments-2018-19 heald at Bhuvaneshwa(Odisa)



Adv. B.D. Hambarde Mahavidyalay Athletics Player Akansha Khandve won silver medal in krida mahostav Inter University Tournaments-2018 heald at Mumbai University Mumbai



Adv. B.D. Hambarde Mahavidyalay Athletics Player Mr. Tushar Hambarde won Bronze (4x100)Reley medal in krida mahostav Inter University Tournaments-2018 heald at Punyashok Ahilyadevi Holkar University Solapur (Maharashtra)



Adv. B.D.Hambarde Mahavidyalaya Handball team Runner-up in ICT- 2019-2020 heald at Bhagwan mahavidyalaya Ashti



Adv. B.D. Hambarde Mahavidyalaya Wrestlar Mr. Suraj kokate & Mr.saurabh Kokate selected Khelo india University Wrestling Championship-2019-20 heald at Guhavati (ASAM)



Adv. B.D.Hambarde Mahavidyalaya Kabaddi (Women) Team WON Gold Medal in Inter Colligate Tournaments -2019-20 heald at Bankatswami Mahavidyalaya Beed



Adv. B.D.Hambarde Mahavidyalaya Handball (Men) Teame Winner-up in ICT Tournament-2018-19 heald at Vinayakrao Patil Mahavidyalaya Vaijapur dist-Aurangabad



Adv. B.D.Hambarde Mahavidyalaya Kabaddi (Men) Teamwon Runnert-up in ICT Tournament-2018-19 Heald at Bhagwan Mahavidyalaya Ashti



Adv. B.D.Hambarde Mahavidyalaya Wrestling player Omkar Hulge won Gold Medal (74 kg) in ICT Wrestling Tournaments-2017-2018 heald at vaidhynath mahavidhyalaya Parali Dist Beed



Adv. B.D.Hambarde Mahavidyalaya Handball (Men) Teame & won silver Medal in ICT Tournament-2017-18 heald at Pandit Guru pardikar mahavidyalaya Sirsala



Adv. B.D.Hambarde Mahavidyalaya Athletics (M/W) won silver Medal in ICT Tournament-2017-18 heald at Dr. B.A.M.U Aurangabad